

**Homer Senior
Citizens, Inc**

Harbor Lights

Newsletter

February 2025

3935 Svedlund St. Homer, AK 99603

Phone: 907-235-7655 Fax: 907-235-3739

Monday through Friday, 8 a.m. to 5 p.m.

CORE VALUES

Respect, Accountability, Trust, Integrity and Quality



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As we step into February, we embrace the heart of winter with warmth, connection, and community. This month is all about celebrating the bonds that make Homer Senior Center such a special place—whether it's through a shared meal, a friendly conversation, or a lively activity together.

February also brings Valentine's Day, a wonderful reminder to cherish the friendships and support we find in one another. Whether you're joining us for a program, stopping by for lunch, or just sharing a smile, know that you are a valued part of our family.

We have a month full of exciting events, engaging activities, and opportunities to stay active and connected. Be sure to check out our upcoming programs, and as always, we welcome your ideas and participation!

Wishing you a February filled with warmth, laughter, and love.



HOMER SENIOR CITIZENS, INC

3935 Svedlund St., Homer, AK 99603

Phone: 907-235-7655 Fax: 907-235-3739

www.homerseniors.org

HOURS: M-F 8 am to 4 pm

CONGREGATE MEALS: Served Monday through Friday 11:30 am to 1:00 pm at HSC.

HOME DELIVERED MEALS: Call-in by 9:00am, Monday - Friday.

ADULT DAY SERVICES: Monday thru Friday 7:30am to 4:00pm.

NOTARY SERVICE: Located at the HSC office.

VOLUNTEER OPPORTUNITIES: Please call 907-235-7655

SENIOR HOUSING: Senior Apartments. Call 907-325-7655 for more information.

VOLUNTARY DONATIONS ARE ACCEPTED FOR ALL SERVICES

SUGGESTED DONATIONS – PER PERSON/ SENIORS AGE 60+

CONGREGATE MEALS:

Seniors 60+.....	\$7.00
Guest 12-59.....	\$15.00
Guest Under 12.....	\$5.00

HOME DELIVERED

MEALS:.....\$7.00



CORE PURPOSE

Independence and a healthy continuum of care for seniors.

CORE VALUES

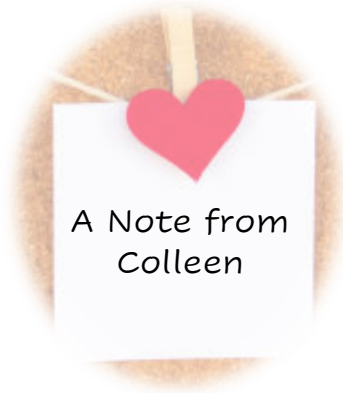
Respect, Accountability, Trust, Integrity and Quality

OUR MISSION

Our mission is to cultivate a wholistic and respectful community through enriching, dynamic, independent Living.

Department Managers

Executive Director.....	Sarah Weideman
Human Resources.....	Paula Frisinger
Finance Manager.....	Vacant
Kitchen Manager.....	Jimmy Squires
Housing Manager.....	Rosalyn Rose
RN.....	Victoria Maracle
Adult Day Services.....	Debra Rowzee
Volunteer & Activities Coordinator	Kristina Henry



Welcome February!

Fellow members of HSC. The board is just now getting back up to speed after a short break over the holidays. However, our new director Sarah has not had a vacation and is still full speed ahead getting our agency caught up after years of mismanagement.

We have exciting news- we have a new leader in the kitchen; he is a chef and comes with amazing experience and a new vision for our kitchen! I can't wait to see the gastronomical delights that will be coming from our kitchen in the future. Sarah has also hired an activities coordinator, and you can look forward to many new fun opportunities in the future. We are partnering with other agencies in our community so that we will have more access and interaction in the future.

We are on a great new path and I'm very excited to usher in a new year and a new direction forward for Homer Seniors.

Please don't forget the Special Meeting membership vote on the bylaw changes on February 5, 2025 at 1:30 in the Silver Lining Café.

Colleen James

Board President

Are you passionate about supporting Homer Senior Center and making a difference in our community? Board of Directors applications will be available soon! This is a great opportunity to get involved, share your expertise, and help guide the future of our organization.

Stay tuned for more details!



Homer Senior Citizens, Inc.

2025 Board Meeting Schedule

The Board of Directors of Homer Senior Citizens, Inc. (HSC) warmly invites you to join us for our regular meetings, held on the third Wednesday of each month throughout 2025. These meetings provide an opportunity for everyone to come together, share ideas, and collaborate on ways to enhance the lives of seniors in our community. Meetings are held at 1:30 PM and are open to the public unless otherwise noted.

Below is the complete schedule for 2025:

January 15, 2025– Thank you for attending!

February 5, 2025– Special Membership meeting

February 19, 2025

March 19, 2025

April 16, 2025

May 21, 2025

June 18, 2025

July 16, 2025

August 20, 2025

September 17, 2025

October 15, 2025

November 19, 2025

December 17, 2025



All meetings will take place at the Homer Senior Center. We encourage you to attend, bring your voice, and be part of the conversation shaping the future of our senior community. For more information about attending a board meeting or to review agendas and minutes, please visit our website: www.homerseniors.org.

Let's work together to make 2025 a fantastic year for the seniors of Homer. We can't wait to see you there!

****Times, dates and location are subject to change with notice.**

Join the Fun: Become a Member of Homer Senior Citizens, Inc.!

Membership at Homer Senior Citizens, Inc. (HSC) is more than just a sign-up; it's a ticket to a world of benefits, community engagement, and the chance to make a meaningful impact. Whether you're a senior looking for exciting programs or a community member eager to support local seniors, HSC membership has something for everyone.

Why Become a Member?

Support for HSC:

- Membership fees contribute to the sustainability of our programs and services.
- Your support helps us maintain our facilities and expand offerings for the senior community.

Strengthen Our Community:

- HSC creates opportunities for seniors to connect, socialize, and thrive.
- Members play a vital role in shaping the programs and services we provide.
- Together, we foster a community that values and celebrates its seniors.

How to Join

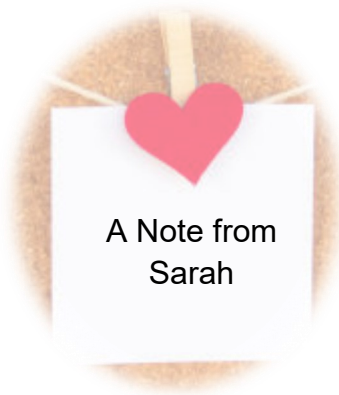
Joining HSC is simple and convenient! Membership forms are available at our office, or you can visit our website to register online. Don't wait—become a member today and start enjoying all the wonderful perks that come with it!

Make a Difference

By becoming a member, you're not only enriching your own life but also contributing to a vibrant, supportive environment for Homer's seniors. Every member makes a difference, and we'd love for you to be part of our growing family.

Let's make 2025 the best year yet for our community. Join HSC today and see the many ways we can grow, connect, and thrive together!





Dear HSC Members, Volunteers, and Friends,

I hope this message finds you well and staying warm as we make our way through February. I want to take a moment to thank each of you for your continued support, patience, and understanding as we work through some significant administrative projects here at Homer Senior Center.

As many of you know, we are in the process of rebuilding our accounting records from the past 18 months. This is an enormous undertaking, and I appreciate your patience as I, along with a dedicated team of outside accountants and auditors, work diligently to reconstruct financial records while also keeping up with our current accounting needs. I know that many of you are awaiting financial statements, Medicaid Waiver reimbursements, and other financial updates. Please know that we are fully committed to getting everything corrected as quickly and accurately as possible.

Beyond the financial rebuilding, there is a great deal happening behind the scenes to strengthen the foundation of HSC. We are reviewing and updating policies to ensure compliance with state and federal regulations, navigating complex IRS negotiations, managing critical grant reporting and research to secure future funding, and maintaining strong relationships with our valued vendors and community partners. Additionally, day-to-day operations continue as we focus on providing quality services and programs that benefit our members.

On a brighter note, I am pleased to share that we have some new faces joining the HSC team, as well as familiar faces moving into new roles. We'll introduce them later in this newsletter, and I encourage you to give them a warm welcome when you see them around the center!

Your patience and support mean the world to us as we navigate these challenges and work toward a stronger future for HSC. Thank you for being part of this wonderful community—we are truly in this together.

Sarah Weideman, MBA

Executive Director



The ADRC can help connect you with resources that you may need, such as food, transportation, in-home services and supports, and eligibility for programs that can help meet your needs.

Website: www.linksprc.org

Our mission is to “Support Alaskans affected by Alzheimer’s disease, related dementias and other disabilities to ensure quality of life.”

Address: 1750 Abbot Rd.

Anchorage AK 99507



Website: www.alzalaska.org Phone: 907-561-3313 Statewide: 1-800-478-1080



Ninilchik Traditional Council

P.O. Box 39070
 Ninilchik, Alaska 99639
 Ph: 907 567-3815 / Cell: 907 394-8866
 E-mail: bumps@ninilchiktribe-nsn.gov
 Website: www.ninilchiktribe-nsn.gov

For Everyone

Monday, Wednesday, Friday

*Schedule may change due to weather- call us to check
 Bus does not run-on Federally Recognized Holidays

Cost
 \$10.00 Round Trip
 \$7.00 one-way

Red North (Red Line)		Blue South (Blue Line)	
Ninilchik (NTC Resource Building)	9:00 am	Kenai (Walmart/Airport)	1:00 pm
Happy Valley (HV Store)		Soldotna (Fred Meyers)	1:30 pm
Anchor Point (Cheeky Moose)		Kasilof (Post Office)	
Homer (Safeway)	9:45 am	Clam Gulch (Post Office)	
Anchor Point (Cheeky Moose)		Ninilchik (NTC Resource Building)	2:30 pm
Happy Valley (HV Store)		Happy Valley (HV Store)	
Ninilchik (NTC Resource Building)	10:30 am	Anchor Point (Cheeky Moose)	
Clam Gulch (Post Office)		Homer (Safeway)	3:15 pm
Kasilof (Post Office)		Anchor Point (Cheeky Moose)	
Soldotna (Fred Meyers)	11:30 am	Happy Valley (HV Store)	
Kenai (Walmart/Airport)	12:00 pm	Ninilchik (NTC Resource Building)	4:00 pm

Please call for pick up at Happy Valley, Anchor Point, Clam Gulch and Kasilof.

VOLUNTEERS NEEDED

Are you ready to make a real impact in the lives of seniors and have a great time doing it? Homer Senior Citizens, Inc. (HSC) is looking for enthusiastic, compassionate volunteers to join our team. Whether you have an hour a week or a day a month, your time and talents can make a world of difference!

Why Volunteer with HSC?

- **Make Meaningful Connections:** Build relationships with incredible seniors and fellow community members.
- **Share Your Skills:** Use your unique talents to contribute to exciting programs, events, and daily activities.
- **Have Fun:** Volunteering with HSC is as rewarding as it is enjoyable!

How You Can Help:

- Assist with events, activities, and workshops.
- Help with meal services or transportation.
- Provide administrative support or lend a hand with facility upkeep.
- Bring your creative ideas to the table—we're always looking for fresh perspectives!

Get Started Today!

Volunteering at HSC is easy and rewarding. Stop by our office to pick up a volunteer application or visit our website to sign up online. We can't wait to meet you and welcome you to our team!

Together, we can create a vibrant, supportive community for Homer's seniors. Let's make a difference, one volunteer at a time. Join us today!

Exciting Changes & New Faces at HSC!

We are thrilled to introduce some wonderful new additions to our Homer Senior Center team, as well as celebrate a familiar face stepping into a new role. These changes bring fresh energy, expertise, and enthusiasm to our organization, and we can't wait for you to meet them!

Welcome, Victoria Maracle – Our New RN!

We are delighted to welcome Victoria Maracle as our new Registered Nurse (RN) for HSC! Victoria brings a wealth of experience and a compassionate approach to senior care. Her expertise not only fills a much-needed role but also allows for some restructuring in The Terrace to better serve our residents. With Victoria in place, she and Nicole (LPN) will be working together to manage The Terrace, ensuring our residents receive the highest quality care.

Kristina Henry Moves to a New Role!

Many of you already know Kristina Henry, and we are excited to announce that she is stepping into a new position as our Volunteer & Activities Coordinator! In this role, Kristina will be working to enhance engagement at HSC by coordinating exciting events, activities, and volunteer programs. From fun outings to in-house events, Kristina's goal is to create meaningful experiences that bring joy and connection to our members. We are confident that her passion and dedication will make a big impact!



Meet James "Jimmy" Squires – Our New Kitchen Manager!

Bringing a taste of the islands to our kitchen, we are excited to welcome James (Jimmy) Squires as our Kitchen Manager! With over a decade of experience in the culinary world—most notably at the St. Regis Princeville Resort in Princeville, Hawaii—Jimmy is eager to bring new and exciting meal options to the Silver Lining Café. He has many creative ideas to enhance our menu, and we can't wait for you to experience the delicious meals he'll be serving up!

Please join us in giving a warm welcome to Victoria, Kristina, and Jimmy! We are so grateful to have such a fantastic team working together to make HSC an even better place for all.

Here's to new beginnings and exciting changes!

FEBRUARY 2025

Friendship Center

Schedule is subject to change
11:30 Lunch Daily 1:30 Snack

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3 9:00 Baking for Animal Treats 10:00 Art Project 10:30 Exercise 12:30 Armchair Greece 1:30 Word Games	4 9:00 Shopping Lists/Cards 10:00 Resident Council 10:30 Drum Exercise 12:30 Bingo 1:30 Trivia	5 9:00 Blanket Group 10:00 Zumba 10:45 Pet Therapy Dogs 12:30 Singalong Group 12:30 Field Trip Coles Market	6 9:00 Haircuts/Cards 10:00 Crafts 10:30 Exercise 12:30 Trip Library 1:30 Pet Therapy Orsa	7 9:00 Baking 10:00 Tai Chi 10:30 Puzzles 1:00 Movie Anne of Green Gables	8
9	10 9:00 Baking for Others 10:00 Art Project 10:30 Exercise 12:30 Armchair Georgia 1:30 Word Games	11 9:00 Shopping Lists/Cards 10:00 Drum Exercise 10:30 Documentary 12:30 Bingo 1:30 Trivia	12 9:00 Blanket Group 10:00 Zumba 10:45 Pet Therapy Dogs 12:30 Singalong Group 1:30 Board Games	13 9:00 Cards 10:00 Crafts 10:30 Exercise 12:30 Trip Salvation Army 1:30 Pet Therapy Orsa	14 9:00 Baking 10:00 Tai Chi 10:30 Puzzles 1:00 Movie Gone with the Wind first half	15
16	17 Presidents Day ADS CLOSED	18 9:00 Shopping List/Cards 10:00 Drum Exercise 10:30 Documentary 12:30 Bingo 1:30 Trivia	19 9:00 Blanket Group 10:00 Zumba 10:45 Pet Therapy Dogs 12:30 Singalong Group 1:30 Board Games	20 9:00 Cards 10:00 Crafts 10:30 Exercise 12:30 Trip Library 1:30 Pet Therapy Orsa	21 9:00 Baking 10:00 Tai Chi 10:30 Puzzles 1:00 Movie The Age of Adeline	22
23	24 9:00 Baking for Others 10:00 Art Project 10:30 Exercise 12:30 Armchair England 1:30 Word Games	25 9:00 Shopping Lists/Cards 10:00 Drum Exercise 10:30 Documentary 12:30 Bingo 1:30 Trivia	26 9:00 Blanket Group 10:00 Zumba 10:45 Pet Therapy Dogs 12:30 Birthday Party Music 1:30 Board Games	27 9:00 Cards 10:00 Crafts 10:30 Exercise 12:30 Trip Ulmers 1:30 Pet Therapy Orsa	28 9:00 Baking 10:00 Tai Chi 10:30 Puzzles 1:00 Movie An American in Austen	

THE TERRACE FEBRUARY 2025



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 2 Groundhog Day 12:30 Debbie Movie Groundhog Day	3 10:30 Exercise Deb S in the Den 1:30 Seasonal Craft 2:00 Feed the Needy	4 9:00 Shopping Lists 10:00 Resident Council 10:30 Boutique 2:00 Reading Group	5 10:30 Pastor Vic Devotion and Prayer 1:30 Cheyenne's Karaoke	6 9:00 Haircuts 10:30 Exercise Deb S 1:30 Pet Therapy Orsa 1:30 Yahtzee w/Darlene	7 10:30 Skipbo w/Tim in the Den	1 10:30 Ukulele Group 12:30 Bingo
9 12:30 Debbie Movie Voyage of the Dawn Treader 1:00 Henry VIII 2:30pm SUPERBOWL	10 10:30 Exercise Deb S in the Den 1:30 Seasonal Craft 2:00 Feed the Needy	11 9:00 Shopping Lists 10:30 Clothing Boutique 2:00 Painting	12 1:30 Board Meeting 1:30 Cheyenne's Karaoke Evening Performance of the play Silent Sky	13 10:30 Exercise Deb S 1:30 Pet Therapy Orsa 1:30 Yahtzee w/Darlene	14 Valentine's Day 10:30 Skipbo w/Tim in the Den	8 10:30 Ukulele Group 12:30 Bingo
16 12:30 Debbie Movie Gone with the Wind 2nd half	17 Presidents Day 10:30 Exercise Deb S in the Den 1:30 Debbie Karaoke	18 9:00 Shopping Lists 10:30 Clothing Boutique 2:00 Painting	19 10:30 Pastor Vic Devotion and Prayer 1:30 Cheyenne's Karaoke	20 10:30 Exercise Deb S in the Den 1:30 Pet Therapy Orsa 1:30 Yahtzee w/Darlene	21 10:30 Skipbo w/Tim in the Den	15 10:30 Ukulele Group 12:30 Bingo
23 12:30 Debbie Movie The Sons of Katie Elder	24 10:30 Exercise Deb S in the Den 1:30 Seasonal Craft 2:00 Feed the Needy	25 9:00 Shopping Lists 10:30 Clothing Boutique 2:00 Painting	26 10:30 Quiet Book Club 1:30 Cheyenne's Karaoke	27	28	

Schedule is subject to change
 1:1's Daily and Pet Therapy Weekly
 Spontaneous Van Trips Throughout the Week





CALL FOR SUBMISSIONS

Share Your Stories in the HSC Newsletter!

This newsletter is all about YOU—our wonderful HSC family! We love celebrating the amazing people who make this community so special, and what better way to do that than by sharing your stories, recipes, memories, and moments?

Do you have a favorite family recipe that warms the heart? A funny or inspiring story that brings a smile? An event or activity you'd love to spread the word about? Maybe a helpful tip, poem, or piece of wisdom you'd like to pass along? Whatever it is, we'd love to hear from you!

Send your submissions to info@homerseniors.com by the 20th of each month for a chance to be featured in our newsletter. While we can't guarantee every submission will make it to print, we cherish each and every one and appreciate you sharing a little piece of your world with us.

Let's make this newsletter a reflection of our incredible, caring, and vibrant community—we can't wait to hear from you!



Aging in Place: Staying Independent with Community Support

For many seniors, the goal is to remain in their own homes for as long as possible—a concept known as aging in place. While this offers independence and comfort, it also comes with challenges, such as maintaining social connections, ensuring safety, and receiving the right level of care. Thankfully, resources like Adult Day Services and local senior centers can provide vital support, helping older adults stay engaged and independent while offering peace of mind to their families.

The Power of Socialization and Support

One of the biggest risks for seniors aging in place is social isolation, which can lead to depression, cognitive decline, and poor overall health. Engaging in community activities at places like Homer Senior Citizens, Inc. (HSC) can make a huge difference.

At HSC, we offer a variety of recreational, educational, and wellness activities designed to keep seniors active and connected. From exercise classes and art workshops to game nights and social lunches, there are plenty of opportunities to engage with others, learn new skills, and build friendships.

“Coming to the senior center gives me a reason to get up and get moving. I always leave with a smile on my face!” – HSC Participant

Adult Day Services: Support for Seniors and Their Families

For seniors who need extra assistance during the day, Adult Day Services at HSC provide a safe, structured environment where participants receive care, enjoy activities, and socialize—all while giving family caregivers a much-needed break.

Benefits of Adult Day Services:

- ♥ Safe & Supportive Environment: Professional staff ensure participants are comfortable and engaged.
- ♥ Cognitive & Physical Activities: Programs designed to keep the mind sharp and body moving.

- ♥ **Social Interaction:** Opportunities to connect with peers, reducing feelings of loneliness.
- ♥ **Respite for Family Caregivers:** Loved ones can rest or take care of personal needs, knowing their family member is in good hands.

“My mom enjoys her time at Adult Day Services, and I get a chance to run errands and take care of things without worrying about her being alone.” – Family Member of an HSC Participant

Additional Resources to Support Aging in Place

In addition to senior center activities and Adult Day Services, other community resources can make aging in place easier:

- ♥ **Home-Delivered Meals:** Nutritious meals delivered to seniors who may have difficulty cooking.
- ♥ **Transportation Services:** Helping seniors get to appointments, grocery stores, and social events.
- ♥ **Health & Wellness Programs:** Fitness classes, physical therapy, and health screenings.
- ♥ **Home Modification Assistance:** Programs that help install safety features like grab bars and ramps.

Embracing Aging in Place with a Strong Support System

Aging in place doesn't mean aging alone. With the right mix of social activities, professional care, and community resources, seniors can enjoy independence while staying connected and supported.

If you or a loved one could benefit from Adult Day Services, senior center activities, or other support services, reach out to Homer Senior Citizens, Inc. today! We are here to help you live your best life—right at home.

Contact us at info@homerseniors.com or visit us at homerseniors.com to learn more!



Homer Senior Citizens, Inc.
3935 Svedlund St
Homer, AK 99603

Nonprofit Organization
U.S. Postage Paid
Permit 11
Homer Senior Citizens, Inc.
Homer, Alaska 99603

Don't Forget to Apply for Your AK PFD and Support HSC!

It's that time of year again! Don't forget to get your applications in for the Alaska Permanent Fund Dividend (PFD).

While you're at it, remember to Pick. Click. Give. to support Homer Senior Citizens, Inc. Your contribution helps us continue providing vital programs and services for seniors in our community. Apply today and make a difference!

